

# MILK

(Mother & Infant Lactation Cooperative)



## Support Group

Share your experiences with other breastfeeding moms.

Learn from other mothers about the early stages of motherhood.

Facilitated by a board certified lactation consultant.

Babies ranging in age from newborn-six months old are welcome.

*One-on-one outpatient lactation appointments are recommended for critical breastfeeding issues. Please call (415) 353-2566.*

Mondays 2:00-4:00 pm, Mission Bay-1855 4th St., 3rd Fl., A3473

Tuesdays/Fridays 11:30 am-1:30 pm, Mt. Zion-2356 Sutter St., 3rd Fl, J-308

**Free to attend.** Pre-registration is required. Space is limited, no drop-ins.

To register, call (415) 353-2667, 514-2670 or visit [whrcportal.ucsf.edu/whrcmember](http://whrcportal.ucsf.edu/whrcmember).

*All lactation support group participants: visit the Women's Health Resource Center & receive a 10% discount on products. (excludes pump rentals and classes)*

**UCSF** Medical Center  
Women's Health